

The background of the slide is a soft-focus image of green leaves, likely maple leaves, with a light green gradient overlay. The leaves are scattered across the top and sides, creating a natural, fresh aesthetic.

Concept of discipline
1st semester/paper code-104

BY:-MRS.RINKI KUMARI
DEPTT.OF EDUCATION
MMHA&PU,PATNA

What is Discipline?

The Process of Shaping and moulding a Child's attitude and behaviour over the years.

Discipline

Discipline is the use of methods to **teach children behavior guidelines.**



Teaching these guidelines should begin as the child begins to move around.

To get along in the world...

- Children need some basic guidelines for behavior.
- Adults have the responsibility to teach children how to behave.
- Older brothers and sisters help by setting good examples.



Effective Techniques

Set limits with rules



Rules are necessary to protect a child from danger and set examples of acceptable behavior.

Everyone is more confident and comfortable knowing how to act in a new situation.

Communication

Tell the child what he or she must do rather than what they should not do!

Keep explanations simple and brief, they have limited vocabulary and a limited attention **span.**

Be prepared to repeat over and over to toddlers.

The difficult hostile child is the one who needs love and guidance the most!

Positive Reinforcement



- Children repeat the actions they are praised for!.
- Children give up any actions that are ignored by others.

Be Consistent!

Discipline the same way every time that behavior occurs.

Be Fair!

Be reasonable and impartial.

Be Firm!

Stick to your rules.

Rewards

- Reward the good behavior
– don't only notice the negative behavior.
- Be immediate and direct with discipline and rewards – hugs are free!





DO:



- Set good examples and be the role model.
- Use timeout-remove the child from the misbehavior- this should give them time to think about the misbehavior.
- Take away privileges to promote desired behavior-especially with older children.
- Discipline the behavior-not the child!